Hello, we are people who live in this detention for one year. Nobody seems to.

We came here from our hard government for a better life, not for detention and depression.

Some Australian people just think that we only need food and that food is enough for us. This is not true.

We don't have any connection to people outside detention. Nobody listens to us feeling. All mothers are feeling depression. Nobody sees the many children who are upset.

Most of the children are sick here. Nobody has answer for us.

I don't think this dirty place and mice everywhere is a good place for life.

The children play with rocks and warm sand and chicken poo. Children have wishes about going to school and enjoying freedom. Parent's stress pass their on to children all the time.
Every day and all the time we see shouting or broken glass on windows and people who try hurt themselves. The people are really tired of being here. Please help us. Please. Please.

Thank you.