

Environmental Radiation in the Workplace

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4th December, 2015

Below is a brief summary of the devastating impact of electro magnetic radiation (EMR) which has resulted in my health collapse and inability to work in a full time capacity since January 2010.

Workplace Hazards and symptoms I experienced as a result of Radio Frequency Radiation

High density workplace environments are filled with wifi, tablets, mobile phones and mobile devices, RF antennas on the roofs of workplace building resulting in:-

- headaches and migraines
- face numbness
- heart palpitations
- visual disturbances
- nausea and physical collapse
- loss of quality of health
- prolonged periods of recovery needed at home

<http://www.emraustralia.com.au/health>

Limitations for the employer

- unable to work with customer service due to public use of mobiles
- loss of workplace productivity due to migraines
- unable to participate in staff meetings
- unable to participate in conventions, interstate conferences etc.
- inability to use a portable DECT home phone due to high radiation levels
- high level of sick leave
- impending workplace health and safety claims/lawsuits

<http://www.news.com.au/technology/csiro-scientist-dr-david-mcdonald-wins-compensation-for-wifi-pain/story-e6frfrnr-1226729178281>

Workplace Limitations I experience

- migraines at work due to high levels of exposure to workplace EMR
- migraines/headaches whilst attending professional development training
- migraines whilst attending community development groups
- inability to travel in other colleagues cars – *due to the use of mobile devices*
- high levels of pain-killers required in order to maintain my job
- unable to use workplace meeting rooms, lunch rooms, toilets without illness
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Loss of Employment and Livelihood

- derision/ridicule/judgement from supervisors, employers upon requesting a mobile free space
- loss of livelihood, income, professional career
- extreme financial pressure
- loss of full time professional income - *for the remainder of my working life*

Workplace Discrimination

- discrimination when applying for employment - *after disclosing this disability*
- discrimination when applying for employment - *due to inability to use a mobile phone for work*
- discrimination due to failure of organization to provide workstation free of EMR
- derision/ridicule by some medical practitioners and medical specialists when disclosing workplace discrimination
- Recently, (November 2015) I was sacked from a casual role as an Aged Care Assessor, because I am unable to use a mobile phone within the work environment. This occurred despite no productivity issues or any other workplace complaints of any kind.

Smart Meter Radiation at home

As a result of high levels of radiation being emitted from the Smart Meter installed at my home in Central Victoria, late in 2013, at which time my health dramatically spiralled downwards. Within 3 weeks:-

1. migraines reached an intensity that necessitated complete bed rest =
2. an unbearable burning sensation throughout my body was there 24/7 – as if I was being cooked from the inside out (like a microwave oven)
3. metallic taste in the mouth followed by strong nausea/vomiting was also present.
4. A bright red rash erupted on my face, spread over the forehead/cheeks.
5. severe dramatic onset of arthritis in my knees, never before experienced.
6. the toll on my nervous system was extreme.
7. during this time I suffered a severe physical collapse and with the help of family, moved interstate
8. depleted immune system leading to recurrent infections
9. since this time I have been unable to return to full time work

<http://www.bioinitiative.org/>

Devices which severely degrade my quality of life and work productivity in the workplace include:-

- Office modem/s or routers
- Mobile phones of co-workers
- Mobile headsets
- Adjacent mobile phone towers
- Mobile printers
- Wireless Overhead Projects
- Ipad's
- Wifi hotspots
- Antennas on workplace building or adjacent buildings

Travelling to work

My home has no smart meter, no wifi, no mobile phones, no close antennas or mobile towers. While at home I have no symptoms are experienced, however when I leave home to go to work I am impacted by mobile phone towers which are prolific throughout the city and country. For example sitting at a red light intersection where there is a close mobile tower results in all of the severe symptoms listed below:-

Physiological reaction to RF radiation

- Heart palpitations and heart irregularities
- Intense internal burning, from the chest through the upper body, neck and head
- Migraines which last for one to several days
- Strobing effect on eyesight and loss of vision.
- Facial and tongue numbness
- Cognitive impairment

Verification of this medical condition, debilitating symptoms and my medical history can be provided by my regular GP, if required.

Workplace exposure to electro-magnetic radiation.

1. These symptoms occur when I am impacted by EMR from the workplace, or whilst travelling to work. The severity depends on many factors listed below. Because of these extremely debilitating symptoms I have been unable to work full time since 2010, due to workplace exposure to EMR. I currently work less than 5 hours per week, from home, despite my extensive professional qualifications and experience as a Rehabilitation Consultant and Disability Assessor with postgraduate qualifications.
- **Proximity to an active mobile phone** (*silent phones emit radiation, as do text messages and incoming calls*). The closer I am to an active device the more debilitating and the more long lasting are the symptoms.
 - **The type of device** – Smart Phones have the highest degree of radiation, as they pulse and spike constantly, and emit over a far greater area. This results in my severe physical debility
 - **Length of exposure** The amount of time and proximity with which I am exposed to this radiation device.
 - **The number of devices impacting me at the same time** – for example multiple phones, office wifi and an adjacent mobile tower/NBN tower have an extremely debilitating impact which can last for several days.

A few examples of exposure to EMR which I encounter in my daily life

I am unable to:-

2. go to a hospital without getting ill due to the high EMR levels
3. visit a GP due to the EMR levels of exposure in the majority of clinics.
4. get medical treatment for eye problems without further exposure to EMR
5. use public telephones, as the vast majority of them have now been converted to wifi hotspots
6. visit Medicare or government offices without receiving high levels of EMR exposure.
7. use public transport or use a cab because of prolific EMR – wifi in trains, buses etc.
8. unable to travel in a plane without getting extremely ill

NBN (and boosted existed mobile towers/antennas) towers

NBN towers, mobile antennas, mobile towers are all placed in close proximity to highways, traffic lights, freeways etc. As a result, while travelling to and from work I experience:-

- internal burning - if I spend more than a minute within close proximity to a tower
- extreme heart palpitation
- facial numbness

Impact on my capacity to work

At this juncture I am still unable to participate in the workforce without becoming ill. I continue to have some part time disability assessment work, (home office free of EMR) but always arrive home ill and spend up to 48 hrs recovering, after being negatively impacted by environmental radiation while at an assessment.

Needless to say these limitations on my ability to work are debilitating, overwhelming and destructive of many aspects of my life including current and future financial security and career.

Effectively, because of the proliferation of high levels of EMR in all workplaces, I have been:-

- forced into part time self employment
- my career has been terminated
- I have no access to superannuation
- no future work prospects

- no financial security
- no workplace compensation
- nothing

I am currently 60 years of age, and I would like to be able to work in a full time capacity for the next ten years.

Proposals

- I call for this debilitating disability to be recognized in Australian workplaces
- I call for a limit to the use of wifi in workplaces, in order to enable me to once again re-enter the workplace in my professional capacity without the ill effects of Electro Magnetic Radiation.
- I call for the establishment of waiting rooms free of EMR emissions in hospitals and government offices.

Additional Links

Long video by Dr Erica Mallory Blythe

<https://www.youtube.com/watch?v=sNFdZVeXw7M>

Short video by Dr David Carpenter

<http://www.thehealthyhomeeconomist.com/harvard-medical-doctor-warns-against-smart-meters/>