

What can you do?

1. Find out about your rights:

- get more information from the kit Indigenous Women and Discrimination - Get the Facts: Know Your Rights available from HREOC or your local Aboriginal Legal Service or Women's Legal Service, or
- get some advice from HREOC, an Aboriginal Women's Legal Service, union, legal centre or working women's centre.

2. Talk to someone:

- talk to a friend or family member about what happened and what you would like to do
- talk to the person or organisation causing you problems

3. Stand up for your rights - make a complaint:

- call HREOC, your State or Territory anti-discrimination agency, a legal service, your union, or other organisation who can help you with advice on making a complaint.



For more information contact



The Human Rights and Equal Opportunity Commission (HREOC)

Complaints Info Line: 1300 656 419

TTY: 1800 620 421

Email: complaintsinfo@humanrights.gov.au



The National Network of Indigenous Women's Legal Services Inc.

(08) 9221 9544

Printed & Designed by:

Deadly Design, Melbourne. www.deadlydesign.com.au



Discrimination and Aboriginal and Torres Strait Islander Women

Get the facts: Know your rights

For many Aboriginal and Torres Strait Islander women, discrimination is still a very common experience.

Discrimination can happen because of the colour of your skin, because you are Aboriginal or a Torres Strait Islander, or because you are a woman.

Discrimination on the basis of race, sex and disability is against the law in Australia. This includes discrimination because you are pregnant or breastfeeding.

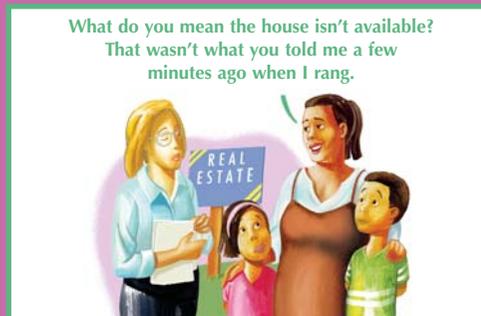
You can help stop discrimination.

This leaflet explains your rights and how you can stand up for them.

Racial Discrimination

means being treated differently because you are Aboriginal or a Torres Strait Islander person or because of the colour of your skin. Examples include:

- being treated rudely or refused service in a shop because you are an Aboriginal person
- being racially abused at work
- being unfairly hassled by the police and
- being refused rental housing because you are a Torres Strait Islander

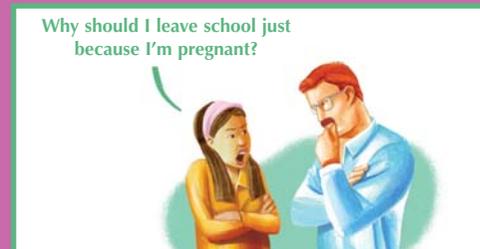


Sex Discrimination

means you are treated unfairly because you are a woman, you are pregnant or you may become pregnant, you are breastfeeding, because of your marital status, or your family responsibilities.

Example include:

- being sexually harassed at work
- being sacked because you need to take time off to care for your sick mother
- being asked to leave school because you are pregnant and
- being told to leave a café because you are breastfeeding your baby



Disability Discrimination

means being treated unfairly because you have a disability, injury or illness. Examples include:

- losing your job because you are HIV positive
- not being able to get into a government office because you use a wheelchair and
- not being able to travel in a taxi with your guide dog

